



# TRIVENETO MEETING

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*Ready for the Games*

**Athlete Support Programme**

**Trieste, Italy**

**5<sup>th</sup> – 8<sup>th</sup> July 2021**

# *Ready for the Games*

The **Triveneto Meeting Team** are well aware of the risks related to competing *a few weeks away* from the start of the Athletics competition in Tokyo.

As a result, we worked hard to minimize the risk related to

- travel to Trieste
- stay at the hotel with other Athletes
- continue your preparation for the Games
- compete safely
- travel back to your next destination.

# *Athlete Support Programme*

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Pre-travel preparation

Safe Transport & Shuttle

Covid safe Hotel Package & Covid Testing

Post-travel & Performance Physiotherapy

Safe training: gym, track & indoor track

# *Pre-travel preparation*

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You will be contacted by the Triveneto Meeting Team and asked to provide the following information:

- **Transport Requirements** – Transport, COVID Test certificates
- **Accommodation** - Single or double room with a Team mate/Staff
- **Dietary Requirements**
- **Type of Covid Testing Requirements** before travelling out
- **Sport Physiotherapy & Sport Medicine Support**
- Training Requirements



# *Safe Transport & Shuttle Service*

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- Pre-booked Private Shuttle
- COVID compliant
- To/From Airport or Station
- Sharing with tested Athletes only



# Safe Hotel Package & Testing

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- Dedicated Info Desk for Athletes/Staff
- Covid Test evidence check
- Information on Shuttle to/from Stadium
- Menu & Room Arrangement check
- Logistical support for any requirement



# Post-travel & Performance Physiotherapy Sports Medicine Support

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- Available on 5<sup>th</sup>\*, 6<sup>th</sup> and 7<sup>th</sup> July at the Stadium
- **Sports Physiotherapy post-travel check**
- **Performance Therapy** before/ after training on the 5<sup>th</sup>\*/6<sup>th</sup> July
- **Performance Therapy** before/after your competition on 7<sup>th</sup> July
- Sports Medicine support (if required)





# Safe training

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- Exclusive use of outdoor and indoor track - Accredited Athletes only
- Access to Olympic Platform for essential lift training
- Access to essential gym equipment

*All areas are supervised and sanitised*







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***Ready for the Games!***

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**#trivenetomeeting**

**[www.trivenetomeeting.com](http://www.trivenetomeeting.com)**

